

## **Day 5 Report: SSIU Team Visit to BUV – Hanoi, Vietnam**

**Day 5** of the **Swarrnim Startup & Innovation University (SSIU)** team visit to **Hanoi, Vietnam**, was dedicated entirely to **cultural exploration, historical learning and experiential bonding**, offering participants a deeper understanding of Vietnam's rich heritage and natural beauty.

### **Exploration of Vietnam's Historical Legacy – Ninh Binh**

The day began with an early departure from Hanoi as the **SSIU team travelled by bus**, thoughtfully arranged by **British University Vietnam (BUV)**, to **Ninh Binh**, the ancient capital of Vietnam. This historically significant region provided participants with a profound insight into Vietnam's past.

During the visit, the team learned about Vietnam's historical journey through various periods, including:

- Chinese rule
- French colonial era
- American influence during the war period

The SSIU team visited several **historic temples and heritage structures**, each reflecting Vietnam's resilience, spiritual depth and architectural legacy. The guided explanations helped participants connect historical narratives with the present-day cultural identity of Vietnam.

### **Vegan Vietnamese Cuisine Experience**

Following the heritage exploration, the team enjoyed a **delicious and entirely vegan Vietnamese lunch**, which was both nutritious and flavourful. The meal was highly appreciated by all participants, offering an authentic taste of Vietnamese cuisine while respecting dietary preferences.

### **Natural Wonder Experience – Trang an Caves and Boating**

In the second half of the day, the SSIU team proceeded to one of Vietnam's most scenic and iconic destinations—**Trang an Caves**. Known for its breathtaking limestone landscapes and serene waterways, Trang An provided a memorable experience for everyone.

The **boating experience through the caves and waterways** was a highlight of the day. Surrounded by majestic mountains, lush greenery and calm waters, the visit offered moments of relaxation, joy and team bonding. The natural beauty and tranquillity of Trang An left a lasting impression on the entire SSIU delegation.

### **Return and Evening Exploration at Hanoi Night Street**

The team returned to Hanoi by **6:45 PM**, concluding a fulfilling day of exploration. In the evening, the SSIU team enjoyed leisure time at the **Hanoi**

**Night Street**, where participants explored local markets, engaged in shopping and experienced the vibrant nightlife and cultural atmosphere of the city.

**Day 5** was a refreshing and enriching experience for the **SSIU team**, successfully blending **history, culture, nature and leisure**. The day strengthened team bonding, broadened cultural perspectives and added a memorable dimension to the overall Vietnam visit.

The non-academic nature of the day played a vital role in enhancing cultural appreciation and provided participants with an immersive understanding of Vietnam beyond the classroom.







